

Workshops and Lectures

Wednesday, May 4th, 7 p.m. till 11 p.m.

Sauna for everyone in Müller'sches Volksbad

Gathering place Wednesday, 7 p.m. at the entrance Rosenheimerstr. 1 in Munich, near S-Bahn Isartor or tramway Deutsches Museum. The bath has normal operation that day. Manuel (FTM) and two transwomen have tested the bath and they didn't hide – the test was successful. You can wear a towel in the sauna or surf t-shirt in the bath. Everyone is welcome. Please don't forget to bring your sauna towel and also swimsuit if you'd like to visit the swimming area as well. The entry is 18 euro. We'll speak German or/and English.

Wednesday, May 4th, 6 p.m. open end (5 hours)

Fun at the gay sauna for trans*men and cis*men

Fancying gay sauna? We'll visit the Deutsche Eiche together. It's a men-only-sauna; transmen with performed mastectomy are welcome (we know this isn't ideal, but this visit-offer has been used frequently the last years at Trans*tagung München... Our appearance contributes essentially to the visibility of transmen in the gay scene!)

We'll meet at Wednesday, 6 p.m. for a warming up aperitif in front of the restaurant Deutsche Eiche. Please note: Entry, towel and locker cost about 18 euro for 5 hours resp. 11 euro under 27. Minimum age is 18. We'll speak German and/or English.

Thursday, May 5th: see "zeitlicher Ablauf" at the website

Workshops and Lectures from Friday till Sunday

Friday, May 6th 2016

Friday, May 6th, 9.00 – 10.30

Kranhalle

Know your rights! How does EU law protect trans people?

Richard Köhler,

This workshop will provide an introductory, non-technical overview of all EU legislation that explicitly protects trans people. It will cover access to and supply of goods and services; employment and social security benefits; victims of crime; and asylum.

Participants will discuss in interactive group exercises specific scenarios and real-life examples.

The workshop will address current limitations of EU law and present tools for civil society to advocate

for a better implementation and which advocacy demands could lead to a better protection of trans people.

Richard Köhler is Transgender Europe (TGEU's) Senior Policy Officer, the European network working for the equality of all trans people. TGEU has members in more than 40 states in Europe. Richard has been for more than a decade active for trans rights in Europe. He is overseeing and implementing TGEU's policy & advocacy work.

Sprache: Englisch; könnte auch auf Deutsch gehalten werden; Folien auf Englisch.

Friday, May 6th , 9.00 – 10.30

Hansa 39

Trans* at work – Prevalence, implications and conduct in a work environment – Stefan Balk, psychologists for companies and organisations.

Lecture with a discussion afterwards

Friday, May 6th , 9.00 – 10.30

Hansacafé

Supporting genderdysphoric children and their environments - Johannes Wahala und Elisabeth Vlasich, LGBTIQ Beratungsstelle COURAGE Wien

There are a number of differences between children, teenagers and adults, who feel genderdysphoric – differences in how it is shown, how it develops and what kind of care and support they receive. Children and teenagers most often will live through a fast and disruptive developmental process (physically, mentally and sexually) (...) Studies with pre-pubescent children over a long period of time have shown that feeling genderdysphoric only leads to gender dysphoria in adulthood in 25% of all cases at most.

How can we – parents, teachers, social workers, medical workers – support children who are gender non-conforming or who feel genderdysphoric? What kind of support should there be in kindergarden, schools or youth clubs? What does "gender-sensitive" support mean?

When should perhaps a therapy with hormone blockers be taken into consideration, in order to delay puberty? What would this do to the development of the child?

The target group of this workshop is social and medical workers, who are working in the field of psychology, psychotherapy, teaching and social work, as well as parents and relatives, who would like to exchange ideas and to discuss the best way to support genderdysphoric and gender non-conforming children.

Friday, May 6th , 9.00 – 10.30

Orangehouse

Qi Gong and experiencing your body – Markus Kunas, Munich, dancer, martial arts teacher, studying to be a dance therapist

Qi Gong is a thousands-year-old old Chinese tradition, in order to harmonize the flow of Qi, our life energy and to strengthen it again. This workshop teaches easy to do sequences of movements, breathing techniques and gentle stretching of the „gentle Qi Gong“, which will both relax us and centre us, loosen us up and energize us, as well as deepen the way we experience our body for the future. This workshop is open to people who are interested from all age groups, knowledge about Qi Gong is not necessary.

Friday, May 6th , 9.00 – 10.30

Sunny Red

Lecture about the TSG reform: Draft for a gender identity law – Dr. Laura Adamietz

The family ministry has ordered an assessment of the need to reform the TSG in the context of the ministerial group “Inter-/Transsexuality“ (IMAG). Currently the obstacles for the proceeding before the courts are being evaluated at the Humboldt University in Berlin, as well as a proposal for a reform of the gender identity law.

Dr. Laura Adamietz publishes about trans* and inter* human rights and has many trans*people as clients as a lawyer. She is part of the project group and will present the law proposal at the Trans*Inter* meeting.

Friday, May 6th , 9.00 – 10.30

Mehrzweck

Open Space – Special: Refugees Report /Talk

People from different countries have the space here to report from the situations in their countries of origin and in Germany... - to connect and to network – Honduras, Turkey, Lebanon, Syria Ukraine, Canada – where else from? A space for everybody who wants to talk and everyone who wants to listen – we hope a lot!

Friday, May 6th , 9.00 – 10.30

Aktionsraum

Open Space

Friday, May 6th , 9.00 – 10.30

Radiolab

Hormones – Basics, Possibilities, Experiences – Michaela, Halle

In this workshop I want to first give a quick overview over the basics of hormones, and then start a discussion with the participants about your experiences and answer your questions.

Friday, May 6th , 11.00 – 13.00

Kranhalle

Everything, that is “right“ (= meaning “lawful“) – Workshop about the TSG (“Trans-Sexuellen-Gesetz“ = “Trans-Sexual Law“) and other legal topics for trans* people in Germany - N.N. and Frank – HITT Hamburg

We are focusing on German law and want to discuss the following topics with the participants, depending on their interests: Which legal possibilities are there to change your first name and/or the gender marker on your birth certificate? What consequences are there after the changes to the PstG in 2013? How can you meet the requirements of the TSG law and/or your health care / insurance provider and MDK? How does “fiction of approval“ work? How can you get over other bureaucratic difficulties, such as new work references, wanting to have a child or marriage when you already are in an existing partnership?

Friday, May 6th , 11.00 – 13.00

Hansa 39

Coming-Out as trans at the workplace - Sharon Zielasek, Zurich, Transgender Network Switzerland

This workshop will start with a short speech/lecture and will then lead into a workshop with discussion. The target group are transpeople who are thinking about a coming-out at their workplace as trans, or who are planning to do it. We then want to look at studies about the topic and discuss ways of successfully coming out. We can discuss about 4 specific cases in the workshop from

participants.

Friday, May 6th , 11.00 – 13.00
Open Space

Hansacafé

Friday, May 6th , 11.00 – 13.00

Orangehouse

Quo vadis trans*- health care – Nicole Faerber

The current state of health care for trans* people is outdated, even the „experts“ know that. But where are current developments going to? What will happen after / with ICD-11 ? What are current developments of WPATH, EPATH, AWMF (for adults and youth), laws in other countries, resolutions of the European committee and the European parliament and the World Medical Association etc.? What role can psychology play in this? What role shouldn't be played by it? What role do the health insurance providers play? How does that influence trans* people, directly or indirectly? The topic will be introduced with an input lecture, and then we will go on together to discuss and put into words possible goals and directions.

Friday, May 6th , 11.00 – 13.00

Sunny Red

Meeting of the Inter-Trans-Academic Network

Target Group: People who have already participated in the group; academics (from all sciences / study courses, as well as students), who conduct research about intersexuality or trans-topics, and who also have personal experience with these topics and/or who research because of a clearly expressed wish to show solidarity and to support emancipatory work.

The Inter-Trans-Academic Network was founded in 2013 at the HITT-meeting in Hamburg, Germany; the following meetings in the years afterwards were also held at HITT, and from time to time also on weekends and with a smaller group at meetings which had a single focus on specific topics. The Network's aim is to nurture an interdisciplinary exchange of ideas and perspectives from academics in the natural sciences, social sciences and the humanities.

Friday, May 6th , 11.00 – 13.00

Mehrzweck

Trans* process – assessment procedure and medical way – Gabriel Wichmann

Lecture and exchange of information with participants. Information for all, who are thinking about a change of their first name or their gender marker on their birth certificate and/or operations. I want to give an overview of the way the trans*journey goes in many cases, what people can expect during the evaluation process for the name change and what is to do before operations. I want to remove any possible insecurities or fears and hope to answer all possible questions.

Friday, May 6th , 11.00 – 13.00

Aktionsraum

Thinking about intersectionality in a queer mode - Naim Balikavlayan Munich, Network for a Bavaria free of Racism and Discrimination (Netzwerk für ein Rassismus- und Diskriminierungsfreies Bayern e.V.)

In this workshop, we want to look at the different forms of discrimination, that we are experiencing – what kinds of discrimination are there? How do they differ? How am I being discriminated? Who do I discriminate? Afterwards, we can discuss in small groups and talk about how we can react to discrimination and what strategies we can find in order to deal with it.

Friday, May 6th , 11.00 – 13.00

Radiolab

What is it? – Practical help for people working in the medical profession for a non-pathologized, human-rights oriented treatment of intersex – Gabriele Rothuber, Platform Intersex Austria, Salzburg, Tobias Humer, Association for Intersex People Austria, Linz

Midwives, child nurses, infant nurses and people in the medical profession should be aware that they could also care for inter*new borns or -children and their parents during their career. And they should be aware of their important role: What do parents need, who have an intergender child? How can you support? Where can they find help and connection? So that children can grow up the way they are: Babies are born in a perfect way! Workshop and exchange of experiences for midwives, nurses and carers, people in the medical field and people who are interested.

Friday, May 6th , 14.30 – 16.30

Kranhalle

Political-activist-Workshop: Creating a genderqueer set of demands – Jonas Alexander and K*

Friday, May 6th , 14.30 – 16.30

Hansa 39

Moving towards intersectional counselling / social care work: presentation of results and discussion -

María Virginia Romero Gonzales, consultant on educational topics, Project Abriendo Puertas – VIA Bayern e.V., political activist

The target group for this workshop is everybody who is interested in and/or is working in the field of migration, counselling / social work, intersectionality, LGBTI*, inter-cultural exchange and de-colonization (on a volunteer basis or part/full-time).

On 12th November 2015, Maria Virginia Gonzalez Romero organised a meeting in Munich where social workers and counselors from different backgrounds met, listened to and discussed several topics which are all part of intersectionality – for example counselling for trans*people, empowerment for people with a migratory history who are looking for jobs, de-colonized counselling as well as the presentation of a study about multiple discrimination.

In this workshop, we want to look at the results of the meeting in November and then go on to further discuss topics relevant to intersectional counselling and social work.

Friday, May 6th , 14.30 – 16.30

Hansacafé

Open Space

Friday, May 6th , 14.30 – 16.30

Orangehouse

Dancing towards meeting each other – Contact improvisation – Markus Kunas, dancer, martial arts teacher, studying to be a dance therapist, Munich

Contact improvisation merged in the 70s in the US and has developed to be a social phenomenon on

a global scale. The main principle of this modern dance form is its playful and experimental character, it's maintaining of a purposeless attention as well as the continual, moving physical contact between two, three or more dancers. The workshop will provide an easy introduction for all who are interested, especially people who have no experience with dancing. No prior knowledge required.

Friday, May 6th , 14.30 – 16.30

Sunny Red

LGBTIQ* refugees in Germany – personal stories

Ibrahim Mokdad, activist for the rights of LGBTIQ* refugees

Lecture with following round of questions and exchange of experiences. This event is open to all people who are welcoming LGBTIQ* refugees.

Ibrahim Mokdad will give a presentation of the activist work he is doing in order to help LGBTIQ* refugees in Germany and will also talk about the current situation LGBTIQ* refugees in Germany are living in.

Ibrahim started his activist work because he himself is currently living in Germany as a refugee and he was persecuted in his country for being gay. He will be visiting us with four refugees who are trans*. Afterwards, there is time for questions and an exchange of ideas.

Ibrahim will be there the whole time from Thursday till Sunday, and he's hoping to meet other activists and to connect with people who are interested in the topic.

Friday, May 6th , 14.30 – 16.30

Mehrzweck

Love what you really are! Outer appearance and inner experience – Gaby Kreuz, Ludwigshafen und Adrian

This is a workshop for all people to take part and to love themselves a little more.

Nobody is 100 percent male or female. "The" man and "the" woman are ideals of our sociocultural tradition and every attempt to conform to these ideals will probably end in disappointment and frustration. The love for yourself can grow if you say good bye to self-judgement. Where is your very own place between "man" and "woman"? Do you feel alright at your place of gender identity and sexual orientation? How are you being seen by your surrounding? This workshop can help to reach a better self-awareness and new self-confidence through simple exercises for your body and your consciousness.

Every participant will be a gentle and affectionate mirror of the outer appearance of another participant.

Friday, May 6th , 14.30 – 16.30

Aktionsraum

The meaning of categories in the context of power hierarchies – using naturalisation through biology and medicine in order to suppress people - Prof. Dr. Heinz Jürgen Voß, Merseburg

Heinz-Jürgen Voss will talk about the meaning of racism, class hierarchies and gender relations under capitalism, with a special focus on the role that biology and medicine play in it.

Friday, May 6th , 14.30 – 16.30

Radiolab

Working with inter* people as a counsellor – Workshop & exchange of ideas – Tobias Humer, Intersexual People Austria, Linz; Gabriele Rothuber, Platform Intersex Austria, Salzburg

The target group of this workshop are people who are counsellors, psychologists, therapists, social

workers, teachers, and people who are interested in the topic.

Inter* people often are stigmatized in society and have been pathologized and/or traumatized by medicine. What has to be taken into account when counselling inter*people? What can you do to be respectful? What are NoGos? This workshop is for people working in psychosocial counselling, who want to broaden their horizon concerning the gender binary, want to know more about inter*people and who want to maybe exchange experiences.

Friday, May 6th , 17.00 – 19.00

Kranhalle

Feminine voice passing – lecture by Tina Tusch, Leipzig

<http://www.speakerinnen.org/en/profiles/1713>

In this lecture, Tina wants to talk about how people express their gender with their voice and their body language, and how this expression can be changed.

English translation can be provided.

Friday, May 6th , 17.00 – 19.00

Hansa 39

Legal acknowledgment of gender identity in Germany – Nicole Faerber

This workshop will talk about the current situation of the “TSG“ (“Trans-Sexuellen-Gesetz“ = “Trans-Sexual-Law“) in Germany, as well as the legal situation of gender identity laws internationally, such as in Argentina, Malta, Ireland, and in the EU parliament.

Afterwards, the participants can discuss their wishes and goals for the law in Germany.

Friday, May 6th , 17.00 – 19.00

Hansacafé

Trans*activism in Honduras – A Gender Activist from Honduras; Ökumenisches Büro München e.V

Power Point talk with time for questions and discussion afterwards. The Honduran trans*activists Angy Ferreira and Paola Barraza were shot in June 2015 and January 2016 in open daylight. The trans*community there have to face violence, intimidations and threats every day. The average life expectancy of a trans*woman in Honduras is 35 years. In this workshop, Kendry Hilton, a trans*activist from Honduras in the LGBTI* group Arcoiris (“rainbow“) will talk about the life of trans*woman in Honduras and will give us an insight into the current situation in the community. Afterwards, there will be time for questions and to connect further.

Language: Spanish, with German translation.

Friday, May 6th , 17.00 – 18.00

Orangehouse

Trans*diagnosis versus reality – a critical account from a doctor's office – Dipl.-Psych Meike Mentzel, Berlin

Lecture with discussion afterwards. The narrow boundaries of the ICD-10 diagnosis make it difficult for a lot of trans*people, as well as their counsellors. The idea that a self- definition as trans* and gender exist on a non-binary continuum, currently ends as soon as documents for a legal and physical transition are required. This lecture aims to be self-critical as well system-critical account from inside a psychotherapeutic office, followed by a discussion about the possibilities and limits of change.

And directly after this one:

Friday, May 6th , 18.00 – 19.00

Orangehouse

Psychosocial counselling in the context of being trans*gender – lecture and discussion – A. Wolnik, Dortmund

Trans*gender persons have to live through especially discriminating and violent situations, which have a negative impact on their psychosocial mental health. A professional, low-level counselling could support them in mastering these situations and enhance their wellbeing. This input lecture presents the results of current academic discourse with a focus on academic literature in the German-speaking area. Gaps in a need-driven, psychosocial counselling (-research), will also be made apparent and will be discussed.

Friday, May 6th , 17.00 – 19.00

Sunny Red

Bar talk for everybody: “When is a man a man?” - Moderated by Jan Suren Möllers and Kay P. Rinha.

“When is a man a man”? This is what we discuss with a couple of different men we invited. At the moment the following have accepted our invitation: Andreas (Bavarian Mr. Leather), Lars (Rita sport and coordinator for the county Brandenburg for lesbian, gay and trans* issues), Dorian (bike courier and artist from Vienna). More people have been invited. “Bar talk“ means, that you can go on for a bit, or maybe backtrack if necessary, and also that not every word has to be set in stone. Because we will never be this young the next time we meet!

Friday, May 6th , 17.00 – 19.00

Mehrzweck

Youth Café of frienTS – Hanging out, talking, meeting and being creative, for people under 27 Paul, Sina, Jan, Aaron und Feli, diversity München; www.diversity-muenchen.de

“frienTS“ is the trans* youth group of the “diversity“ LGBT* youth center in Munich. You are invited to come to our Café, meet us and other trans* people your age, hang out, talk, relax and, if you want to be creative – create a tote bag. We are looking forward to meeting you!

This event is open to trans* people who are not older than 27.

Friday, May 6th , 17.00 – 19.00

Aktionsraum

Working with inter* people in a pedagogic / teaching environment - Ursula Rosen, www.kinderbuch-intersexualitaet.de

The target group for this workshop are teachers and people who are interested in the topic. The workshop is in three parts:

- A short introduction of ourselves and the topic, if necessary
- A discussion of different teaching materials (poetry, books, films, teaching modules, concepts.....) which are designed to introduce the topic of inter* at kindergarten, schools and other teaching environments, in small groups
- After the discussion, the small groups will share their results with all participants of the workshop.

Friday, May 6th, 17.00 – 19.00

Radiolab

Supporting families and partners of people who are feeling transident - Johannes Wahala und Elisabeth Vlasich, LGBTIQ Beratungsstelle COURAGE Wien

The target group of this workshop are the families, partners and friends of people who are feeling transident and/or who are living outside of what is expected of them with regards to their gender identity.

In this workshop, we want to talk about how to best support their families, partners and social circle – what questions come up? What changes, what stays the same? What is difficult, what isn't? Will relationships change? What about environments such as the workplace, school, acquaintances and so on?

Saturday, May 7th 2016

Saturday, May 7th, 9.00 – 10.45

Kranhalle

Project Choir Part 1 - Catherine Jolles, description is coming soon

Singing is fun and singing is good for you!

Saturday, May 7th, 9.00 – 10.45

Hansa 39

Support for coming-out to family, friends and at the workplace - Sandra Wißgott - <http://www.trans-ident.de>, Wolframs-Eschenbach

The target group for this workshop are people who are at the beginning of their journey and who have yet to come out to their families, friends, social circle and at the workplace. This workshop wants to be a space where we can support each other, talk about our fears and find ways on how to avoid difficult situations.

Saturday, May 7th, 9.00 – 10.45

Hansacafé

Feminine voice passing – workshop, by Tina Tusch, Leipzig

<http://www.speakerinnen.org/en/profiles/1713>

Building upon the lecture, that Tina has given, several participants can take part in a workshop and try out certain methods in order to reach a more feminine voice passing. English translation can be provided.

Saturday, May 7th, 9.00 – 10.45

Orangehouse

Beyond binary genders: being trans and non-binary – Milda - UK

Milda's talk will combine their activism, research and personal experiences and will go more into the

depth of the concept of being transgender and non-binary concentrating on the challenges one experiences in today's cissexist and transphobic society. Firstly, Milda will describe the general idea of the construction of the binary system, which is a process that results in leaving out those individuals who are genderqueer, non-binary or gender non conforming. As this talk argues, the "gender" is much wider concept than "gender roles" and how the distinction between "sex" and "gender", especially expressed within Eurocentric progressive circles, harms our own communities. The talk will draw particular attention to the language as the tool of oppression and how everyone can do their bit to challenge cissexim by unlearning, undoing and deconstructing their own perception of the binary.

Saturday, May 7th, 9.00 – 10.45

Sunny Red

Online dating – Planet Romeo – Lars Bergmann, Potsdam, Coordinating Office for LesBiGay & Trans* topics of the county Brandenburg and Mike Vito Stiens

This workshop is for trans*guys, cis-masculine people are also welcome.

Saturday, May 7th, 9.00 – 10.45

Mehrzweck

Butch femme – trans* queer – Tanja, Marburg

Workshop and exchange of ideas – open to everybody who is interested.

Although "butch femme" and "trans* queer" often are seen as in opposition to each other, some people nevertheless feel that they are part of both communities. How does that feel? What kind of contradictions come up? How do we feel about it? This workshop wants to create a space where we can meet and reflect upon different kinds of identities, experiences and perspectives within these worlds.

Saturday, May 7th, 9.00 – 10.45

Aktionsraum

Cis*- Partners – Exchange of ideas, input and discussion – you are not alone; Nicole Metzger and Christian Weber, Switzerland

This is a workshop for cis*-women and cis*-men, who are in a relationship with transpeople, as well as people from the psychological field who are interested.

How do we as cis*-people move in the transgender-world? How do we function as partners of our beloved transpeople in a heteronormative world? There are many unanswered questions, new experiences and fears which we want to discuss in a protected environment – therefore, our trans-partners will not be present at this workshop.

Saturday, May 7th, 9.00 – 10.45

Radiolab

Unwrinkeling" (Unfolding) puberty in our wrinkles – for trans*people who are 50 years or older, Paul Geißdörfer, rosaAlter, Counselling for older Lesbians, Gays and Transgender, Munich

All trans*people who are 50 or older are warmly invited to meet and discuss their difficult times and obstacles, their successes and happy moments, their hopes and wishes in this workshop. We want to meet in an atmosphere where we trust each other, listen to stories from our life, give each other courage and laugh together. (It doesn't matter if you have "transitioned" or not – I think feelings of puberty can come up no matter what your hormone levels look like!)

Saturday, May 7th, 11.00 – 13.00

Kranhalle

Medical lecture: Genital operations- Neovagina, Clitpen, Penoid – Dr. Jürgen Schaff, Munich

Presentation / lecture. The target group for this lecture are transmen, transwomen and their friends, families, partners and everybody, who is interested.

Clitpen and penoid / phalloplasty for transmen – neovagina for transwomen:

Which techniques are we using? Which requirements does the patient have to meet? What is important? What is possible? Which procedure is applied for which kind of body, and why does it make sense? What to do when there are complications?

Saturday, May 7th, 11.00 – 13.00

Hansa 39

Inter*, yes of course?! - Sefik_a Mai, inter*trans*view, Wuppertal

The target group for this workshop is inter* people and their partners.

Who are you? What identifies you? Where are the places where you feel free? Where is the closeness of other people too much for you? What is good the way it is? What do you want to change? This workshop is a moderated exchange about our diverse lives as inter* people.

Saturday, May 7th, 11.00 – 13.00

Hansacafé

Suddenly everything has changed?! - Transition while being in a relationship – Meya, Berlin

The target group for this workshop are Cis*partners of trans*people, who have outed themselves while being in the relationship. Coming out and the time of transition is a challenge for a relationship in a number of new ways. Possible physical changes, changes of sexuality, of being seen by others, but also dealing with family and friends can test the relationship to its limits. In this workshop we want to talk about both sides: Difficulties, fears and uncertainties, but also about success, positive changes and chances!

Here, these experiences can be shared with people, who know how amazing and hard this time can be. This workshop is also aimed at people who live in non-monogamous relationship structures.

Saturday, May 7th, 11.00 – 13.00

Orangehouse

Reclaim your Body – Part 1 – Nino, Berlin

This workshop wants to create a space where you can feel your own body in a positive way through movement and contact with each other. We will get near each other's' bodies in a respectful, mindful and playful manner through a number of exercises and will connect on different levels as a group through verbal and non-verbal exchanges. No exercise requires any kind of pre-knowledge, physical ability or fitness. The only important request we have is that everybody will be gentle with their own boundaries and the boundaries of the others. You do not have to take part in all exercises. There is no right or wrong.

Saturday, May 7th, 11.00 – 13.00

Sunny Red

General Trans* youth meeting (up until 27) – Paul, Sina, Jan, Aaron and Feli, friendTS – diversity Munich, www.diversity-muenchen.de

Meeting to discuss all topics that are relevant for trans*youth – coming out, school, parents and so on – everything can be discussed. We are looking forward to meeting you!

Saturday, May 7th, 11.00 – 13.00

Mehrzweck

Trans*socialization – Thilo, Berlin

The target group of this workshop are people with a trans* history.

In this workshop, we want to talk about what being socialized as “male“ or “female“ means to us, what we think it says about ourselves. What of the things that are important to you did you “receive“, what did you have to fight for, and what are you still longing for? The main focus is on our positive (“socialization“-) experiences, in small groups, to exchange and discuss.

Saturday, May 7th, 11.00 – 13.00

Aktionsraum

Discrimination “at first glance“ - Racism, transphobia and multiple discrimination - Daniel O. Salaja, anti-discrimination counselling BEFORE e.V., Manuel Garcia, Trans*Inter*Meeting Munich

In this workshop, we want to talk about discrimination “at first glance“ - transphobic discrimination, racist discrimination, ableist discrimination (because of a disability) and so on. Daniel and Manuel will talk about their own experiences and then all participants can join in – what are your experiences like? How can we best prepare ourselves against discrimination, so that fear is not always a part of our daily life? We want to share bad experiences, but also what lies behind them, as well as good coping strategies.

Saturday, May 7th, 11.00 – 13.00

Radiolab

Creative workshop – Paint what you feel – Carola Huber, Kiefersfelden. www.trans-austria.org.

This workshop will be accompanied in the very background by Alexandra Köbele, a psychologist and systemic therapist from Munich.

Show your emotions and feelings by painting – paint how you feel... You can show how you feel by painting on a sheet of paper. There will also be a big sheet of paper in the middle of the room where we can paint together in groups. We want to share this painting publicly during the Trans*Inter*meeting. You can also exhibit your own pictures, if you want to. There will be meditative music in the background.

Saturday, May 7th, 14.30 – 16.30

Kranhalle

Penis epitheses – Yes! to a better quality of life - Sofia Koskeridou - Institute for Epithetic Norderstedt (Hamburg)

Sofia Koskeridou and her institute for epithetic offer information and an open exchange in a relaxed atmosphere about these topics: Penis-Testicles-Epitheses and Aesthetic Alignment after a phalloplasty / creation of a penoid – What functionality has the penis epithese? - Attachment of the PE and adhesive techniques – Health insurance application and answering questions when there is an objection.

Saturday, May 7th, 14.30 – 16.30

Hansacafé

Closed Inter*meeting -

Tobias Humer, Intersexual People Austria, www.vimoe.at, info@vimoe.at

This workshop is only open to intersex people, so that we can share our experiences, stories and thoughts - without the pressure of the outside world. That way, people who have not been outed can take part as well.

Saturday, May 7th, 14.30 – 16.30

Orangehouse

Reclaim your Body – Part 2 – Nino, Berlin

This workshop wants to create a space where you can feel your own body in a positive way through movement and contact with each other. We will get near each other's' bodies in a respectful, mindful and playful manner through a number of exercises and will connect on different levels as a group through verbal and non-verbal exchanges. No exercise requires any kind of pre-knowledge, physical ability or fitness. The only important request we have is that everybody will be gentle with their own boundaries and the boundaries of the others. You do not have to take part in all exercises. There is no right or wrong.

Saturday, May 7th, 14.30 – 16.30

Sunny Red

What you say is what you get – Thilo and Jan, Berlin

This workshop has been developed out of our own male/transmale experiences, but all genders are welcome.

In this workshop we want to practice verbal and nonverbal communication for sexual situations, in order to communicate wishes, boundaries and “special issues” in a clear and respectful manner. We will lead exercises for self-reflection, for close listening and to develop or to try out gestures and phrases, and will create a space for an exchange with each other.

Saturday, May 7th, 14.30 – 16.30

Mehrzweck

Unisexism – “I AM A UNISEXIST – Attempting to form a position“

Lecture of the UNISEXISM-initiative, <http://www.unisexism.org>

This lecture deals with the idea of UNISEXISM and its associated demand for an absolute equality between genders. We will present the basic concepts of UNISEXISM, give the societal and historical context and the current discourse around it. After the lecture, all participants are invited to discuss the ideas and demands that have been presented.

Saturday, May 7th, 14.30 – 16.30

Aktionsraum

Open Space

Saturday, May 7th, 14.30 – 16.30

Radiolab

Workshop for couples – Christopher Knoll, Systemic therapist for single people, couples and families, Counselling Centre for gay men – Sub e.V., Munich

This workshop is for couples, no matter if they are trans-trans or trans-cis. The most important thing in a relationship is not being able to live in harmony together, but to be able to successfully deal with a crisis. A crisis should be seen as a joint wish to make the relationship better. We want to look at

different relationship dynamics in this workshop – in straight, lesbian or gay trans-trans or trans-cis couples. Apart from the dynamic between the people in the relationship, there is also the dynamic between the couple and their surroundings.

An urgent crisis cannot be dealt with in this workshop.

Limited to 10 couples at most.

Saturday, May 7th, 17.00 – 19.00

Kranhalle

Open Space

Saturday, May 7th, 17.00 – 19.00

Hansacafé

My football, my motor bike, my tool box – Andrea, VivaTS Munich

The target group for this workshop are TW and people who identify as female. The topic of this workshop is going back to “masculine“ areas / hobbies / topics, that we have discarded before.

Saturday, May 7th, 17.00 – 19.00

Orangehouse

LOVE yourself – DANCE yourself – Tom Schaaf, Mannheim

Authentic DANCE: Dance yourself into your own home – your body. Feel good about yourself; experience your vitality, your uniqueness. Authentic dance opens up a space for you where you can enjoy just yourself, no show or performance for others is necessary. We will move in (old) ritual dances, movement meditations and intuitive dance, we will meditate and have fun. Please bring comfortable, cozy clothing, which allows for freedom of movement and in which you feel good. We will dance barefoot, with comfortable socks or shoes with soft soles.

Saturday, May 7th, 17.00 – 19.00

Sunny Red

Label workshop – Anna Heger, Munich, annaheger.wordpress.com

The target group of this workshop are non_binary people or people, who do not (only) want to associate themselves with (only) one of the two binary gender options (male, female). Labels that empower me, labels that are put on me from others and that leave me no room, or the search for an identity or description that fits me at least a bit. How have the labels you prefer to use, changed? Where are their limits? I want to discuss this with you and exchange personal stories. The workshop is limited to a small group, so that everybody can take part and we can have a personal exchange.

Saturday, May 7th, 17.00 – 19.00

Mehrzweck

Maleness - being a man amongst men – Christopher Knoll, Systemic Single-, Partner- and Family therapist, Counselling and support for gay men – Sub e.V., Munich

The target group for this workshop are men; trans*, cis*, or...*

Although men are privileged in our patriarchal society, some things do not look so easy – such as: Men compete with each other, they have a life expectancy which is less than 5 years than that of women, they make up the majority of all victims of violence, and three quarters of all suicides are by

men. The fact that men are not always very caring with each other is a fact that sometimes leads to some problems, especially for gay men. And they often cannot show their feelings. It seems that something is not quite so easy and privileged. But how do men really treat each other? And what is the difference between gay and straight men? How do I experience my maleness / masculinity, when I am together with other men? And: Where are the differences between trans- and bio-men? These and other questions can be discussed in this workshop.

Saturday, May 7th, 17.00 – 19.00

Aktionsraum

Playfight Part 1 – Dorian Bonelli, Vienna Playfight – playful fighting

This type of meeting each other – a one-to-one confrontation with a self-chosen adversary, surrounded by an interested audience – creates the possibility of getting to know each other immediately and without overthinking it, and to get to know your own strength.

We can learn about our own strengths, weaknesses, feelings and needs while engaging with each other physically – playful, combative, passionate, wild, erotic or completely different. (...) You should have a certain level of fitness, nothing else is required. Comfortable clothes are recommended (without applications) and your own bottle of water.

Saturday, May 7th, 17.00 – 19.00

Radiolab

Packing my suitcase... - Self-help collection – Empowerment workshop – K* from Hamburg

While figuring yourself / your identity out or during your transition, many of you might experience times of feeling unsure, unsatisfied, impatient, helpless, sad or angry. Some might not feel much at all, but would like to. And others would just like to have more joy in their lives. We want to collect everything that makes us happy - ideas, strategies, personal experiences, hobbies, counselling services, do-it-yourself-tips...What do you do when you are happy? Bring it to the workshop! We will try out some stuff in the workshop and at the end everybody will have their own suitcase with their favorite ideas to take back to daily life.

Sunday, May 8th 2016

Sunday, May 8th, 10.00 – 12.00

Kranhalle

Medical lecture: Breast-operations - Creating a breast for TW, mastectomy for TM – Dr. Susanne Morath, Munich

Presentation / lecture with following discussion of questions. The target group of this lecture are transwomen, transmen and their friends, families, partners, and everybody, who is interested.

Creating a breast for transwomen and mastectomy for transmen:

Which techniques are we using? Which requirements does the patient have to meet? What is important? What is possible? Which procedure is applied for which kind of body, and why does it

make sense? What to do when there are complications?

Sunday, May 8th, 10.00 – 12.00

Hansa 39

Female – Male: and me? Living with being intergender – Ursula Rosen

The workshop's main aim is to create an exchange between intergender people and their relatives (for example, parents). In the course of the workshop we will see if creating small groups (for example children, youth, adults, parents...) makes sense. The issues we will talk about will be set by the participants.

Sunday, May 8th, 10.00 – 12.00

Hansacafé

Back & Forth: All gender is a drag! - Anna

Discussion and exchange of experiences

The journey towards a gender reassignment seems to be linear for a lot of people.

The decision to assign yourself to the chosen gender and then to live as a man or a woman often seems to be clear, and the wish seems to be permanent.

But what happens when over the years, the need to feel yourself (again) in your originally assigned gender is getting stronger?

How can this need be interpreted?

How much masculinity and femininity do I want to make a part of my life?

Is a way "back" possible?

Is it the back and forth between genders?

This workshop wants to create a space where we can freely discuss these questions and experiences.

It is not meant to be a place where we will discuss what men and women are, but to have thought experiments about how to live gender.

Sunday, May 8th, 10.00 – 12.00

Orangehouse

Loving Her – Marion, Vienna

The target group of this workshop are only friends, lovers and partners of trans women, transfeminine people and women with a trans history. We want to reflect together by using prepared questions and exchange our experiences. What does the transition or the trans*identity of our partner mean to us, our daily life and our desire? Which kind of networks or communities are important for us and/or which to we wish for? What role does societal images of femininity play for us and our relationship?

Language German – Translation to English possible on request.

Sunday, May 8th, 10.00 – 12.00

Sunny Red

Open Space

Sunday, May 8th, 10.00 – 12.00

Mehrzweck

Transmen and "their women" Part 1 – Mark from Nuremberg & Timo from TransPeople, Erlangen

his workshop is aimed at transmen and transmasculine people (self-definition), who (also) have or like to have sex and/or relationships with women/transfeminine people (self-definition). We will

discuss a number of topics – our expectations, specific dynamics inside a relationship, how our partners are reacting to us as transmen etc.

The workshop can be also held in English and German, if required.

Sunday, May 8th, 10.00 – 12.00

Aktionsraum

Trans* and addiction – Sabine Härtl, extra-ambulant Munich

The target group for this workshop are all people who are interested in the topic of addiction, who are affected by it themselves or who are concerned about a relative or family member.

Sunday, May 8th, 10.00 – 12.00

Radiolab

Transwomen and post-op sex – Louzie, Berlin, <http://www.speakerinnen.org/en/profiles/1073>

Meeting for transwomen to exchange experiences.

How has my sexuality changed since I have had a genital reassignment operation? What has gotten better, what has gotten worse, what is maybe only completely different? Has my desire changed? My sex-drive? We want to talk in a protected space about our experiences.

Language: German or English, but in one language.

Sunday, May 8th, 13.30 – 15.15

Kranhalle

Project Choir Part 2 - Catherine Jolles,

Singing is fun and singing is good for you!

You don't have to had taken place at part 1!

Sunday, May 8th, 13.30 – 15.15

Hansa 39

Open Inter*meeting -

Tobias Humer, Intersexual People Austria, www.vimoe.at, info@vimoe.at

This workshop will be a space for inter*people, parents, siblings, partners, friends and other people who have a close connection to inter*people. We will discuss how to create a world that is inter*friendly, and what can be important to inter*people so that they feel welcome. It would be nice if also many inter*people will take part!

This workshop is open to inter*people, their relatives, friends and allies.

Sunday, May 8th, 13.30 – 15.15

Hansacafé

Mastectomy without hormones and FtM-Diagnosis – Is this what I want? Is this possible? - Sharing of experiences – K*, Hamburg

The target group of this workshop are all who are thinking about a mastectomy without hormones or an FtM diagnosis, all who are currently on their way and all who already have finished this journey.

We want to exchange ideas – we want to talk about what kind of questions are there, what journeys have already been done successfully, share tips and connect with each other. In this workshop we also want to further expand an already existing small network of people.

Sunday, May 8th, 13.30 – 15.15

Orangehouse

Seedy adventures – Jan Suren und Lars Bergmann, Berlin

In formal German, the space is called "quiet dining area", and even though online dating is conquering all other options, every evening gay men meet in dark or dim rooms to have sex. We want to share our experiences and wishes concerning gay sex rooms with each other in this workshop.

Apart from sharing our experiences, we also have prepared a number of practical exercises, which aim to give you more self-confidence and fun when you are cruising.

The target group for this workshop are men (in the broadest sense), who use gay sex rooms (or who want to use them), and who are interested in an open exchange and who are willing to take part in practical exercises (exercises that involve communication and awareness - no sex).

This workshop is open for people who are 18 or older.

Sunday, May 8th, 13.30 – 15.15

Sunny Red

Trans*youth meeting (up until 27) – sexuality and relationships - Paul, Sina, Jan, Aaron and Feli, frienTS – diversity Munich, www.diversity-muenchen.de

Meeting to discuss the topics sexuality and relationships. Many trans*youth feel insecure about this topic – we want to reduce insecurities and answer questions. We are looking forward to meeting you!

Sunday, May 8th, 13.30 – 15.15

Mehrzweck

Transmen and “their women“ Part 2 – Mark from Nuremberg & Timo from TransPeople, Erlangen

Part 2: The target group is the same as above, plus potential partners.

Sunday, May 8th, 13.30 – 15.15

Aktionsraum

Playfight Part 2 – Dorian Bonelli, Vienna Playfight – playful fighting

This type of meeting each other – a one-to-one confrontation with a self-chosen adversary, surrounded by an interested audience – creates the possibility of getting to know each other immediately and without overthinking it, and to get to know your own strength.

We can learn about our own strengths, weaknesses, feelings and needs while engaging with each other physically – playful, combative, passionate, wild, erotic or completely different. (...) You should have a certain level of fitness, nothing else is required. Comfortable clothes are recommended (without applications) and your own bottle of water.

Sunday, May 8th, 13.30 – 15.15

Radiolab

Strengths and weaknesses of “trans*“ - TJC, Berlin

Trans* very often do not have an easy time in society...or do they? At least they are part of society and reproduce it in all its diversity. But they are still often seen by society as “other“. Why is that? What are the “special“ weaknesses of „trans*“, which have led to such a view? And how can these so-called weaknesses be masked or be turned into positive things? Are there maybe also special strengths of “trans*“?

In this workshop we want have a focused, in-depth exchange about the strengths and weaknesses of “trans*“ in the context of society, to collect them and to find an ideal way of dealing with them.